

# What's on - AT THE - COMMUNITY Hub?

- AUGUST -

CONTACT OUR HUB  
COORDINATOR FOR MORE INFO  
021 571 682

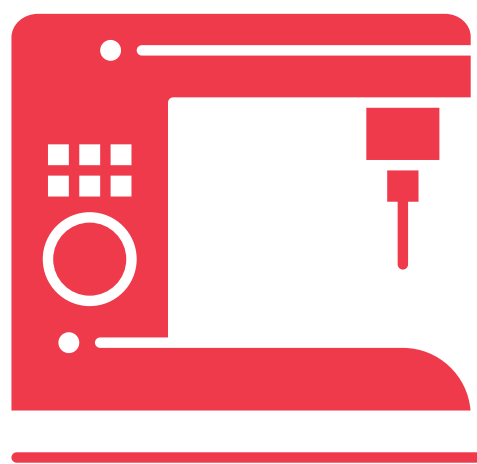


## **PRESCHOOL MUSIC MOVES**

Bring your little ones along to get moving and grooving to some beats. If the weather is good we will be outside in the nature playground creating some of our own music too, followed by a small morning tea.

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**EVERY WEDNESDAY IN AUGUST, 10AM - 11AM  
GOLD COIN**



## **QUILT MAKING WORKSHOPS**

Stay cosy and warm with your own handmade quilt! Our quilt making workshops are proudly sponsored by Albert Eden Local Board and NFACT, New Settlers Family & Community Trust. Tuition, machine and fabrics provided.

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**EVERY SECOND & FOURTH  
SUNDAY OF EACH MONTH  
11AM - 1PM  
FREE**

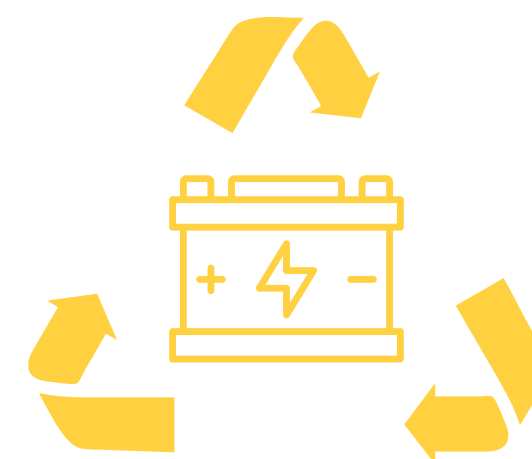


## **CHINESE TUINA SESSIONS**

Ōwairaka local Peter Koh who has had over 40 years' experience in traditional Chinese Tuina massage is offering koha sessions to the community. He will be focussing on neck and shoulders and can assist with any insomnia issues using acupressure technique. Phone 021 571 628 to book.

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**EVERY WEDNESDAY & FRIDAY  
IN AUGUST, 1PM - 4PM  
KOHA DONATION**



## **ŌWAIRAKA BATTERY RECYCLING**

Safely dispose of dead batteries. Drop off any Alkaline, Nickle, Silver oxide and Zinc batteries as well as your heavy duty Zinc, Carbon and Maganese to the recycling bins located at the hub and info cube. Drop off Monday - Friday, 9am - 4pm at the hub, or Saturday 10am - 4pm at the Info Cube.

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**MONDAY - FRIDAY 9AM-4PM  
OR SATURDAY 10AM-4PM  
FREE**



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Development**  
Ōwairaka