

What's on - AT THE - COMMUNITY Hub?

- FEBRUARY -

CONTACT OUR HUB
COORDINATOR FOR MORE INFO
021 571 682



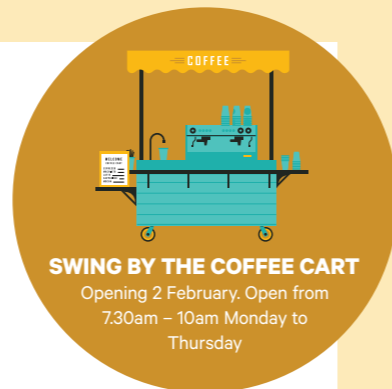
GRAB THE WHĀNAU AND JOIN US FOR WAITANGI DAY CELEBRATIONS. FREE FAMILY EVENT

Learn about traditional Māori poi and its uses from the past and then make your own poi using contemporary materials.

Have a go at Ti Rāku (stick) games and learn some waiata at the same time! Hone your skills and have a Ti Rāku challenge with your whānau or friends! Enjoy a free sausage sizzle and be one of the first 50 visitors and receive a free coffee from the Swing by Coffee truck!

This event is brought to you by The Ōwairaka Community Garden and Hub.

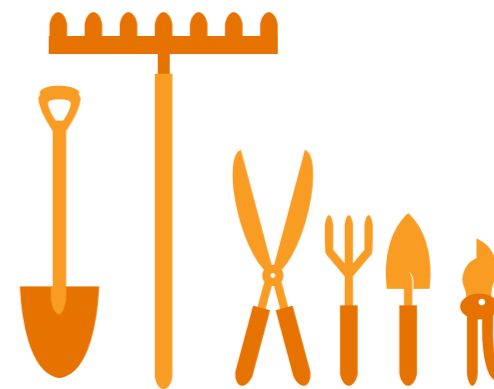
SATURDAY 6 FEBRUARY, 10AM - 2PM



SWING BY THE COFFEE CART
Opening 2 February. Open from
7.30am - 10am Monday to
Thursday

ŌWAIKAKA NEIGHBOURHOOD Community - Garden - ACTIVATIONS

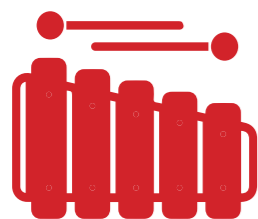
FEBRUARY TO APRIL 2021



WORKING BEES FREE FAMILY EVENT

Working bees with Trudy: Tend the garden together, learn about self-resilience and contribute to the free food and the neighbourhood kaupapa at the Pātaka Kai. This year the garden will have a focus on Kaupapa Māori growing practices.

TUESDAY 9TH & 23RD FEBRUARY, 10AM - 12PM
TUESDAY 9TH & 23RD MARCH, 10AM - 12PM



PRESCHOOL MUSIC VIBES

**GOLD COIN DONATION,
MORNING TEA PROVIDED.**

Bring your little ones along to get moving and grooving to some beats. If the weather is good we will be outside in the nature playground creating some of our own music too, followed by a small morning tea.

**WEDNESDAY 10, 17 & 24
FEBRUARY, 10AM - 11AM**



CHINESE TUINA SESSIONS

KOHA DONATION

Ōwairaka local Peter Koh who has had over 40 years' experience in traditional Chinese Tuina massage is offering koha sessions to the community. He will be focusing on neck and shoulders and can assist with any insomnia issues using acupressure technique. Drop in's welcome.

**WEDNESDAY 10, 17 & 24,
FRIDAY 12, 19 & 26 FEBRUARY,
1PM - 4PM**



COFFEE SHOUT CATCH-UP

FREE FAMILY EVENT

Join Kirsten for your coffee of choice and a chat about what's happening or could be coming up at the Hub! We look forward to seeing you at the on-site Swing By Coffee Van.

**WEDNESDAY 18 FEBRUARY,
9AM - 10AM**



ECO NEIGHBOURHOODS

FREE FAMILY WORKSHOP

Ōwairaka Eco Neighbourhoods in cahoots with The Compost Collective presents everything you want to know about home composting.

**SUNDAY 14TH MARCH,
10.30AM - 12.30PM**



NEIGHBOURS DAY CELEBRATIONS

FREE FAMILY WORKSHOP

In the spirit of Neighbours Day join us to grow food using traditional Māori practices. Learn all about maramataka and the principles and practices of growing food by the lunar calendar.

**SATURDAY 27TH MARCH,
10AM - 1PM**



PLANNING A WINTER GARDEN

FREE FAMILY WORKSHOP

Are you planning a winter garden or are new to gardening? Join us to discover the benefits of seed saving and soil health! This is a hands-on workshop where you will learn how to harvest, process and preserve seeds from your garden for planting and swapping with friends and family. Find out how to build and maintain nutrient rich soil using your own food scraps. Everything you need to know to get a garden started!

**SATURDAY 13TH APRIL,
10AM - 1PM**



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